KANSAS CITY HEART RHYTHM SYMPOSIUM 2024

Sheraton Overland Park Hotel
August 17-18, 2024

Course Director: Dhanunjaya Lakkireddy, MD, FACC, FHRS Kansas City Heart Rhythm Institute, Overland Park, KS

Free CME/CE Credit

Co-Sponsored by:





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CONFERENCE OVERVIEW

The Kansas City Heart Rhythm Symposium is an electrophysiology-focused medical education event for the neighboring four state regions. A variety of topics will provide specialists and generalists an update on the evolution of disease processes, diagnostic tools, therapeutic strategies and ethical issues in the advancement of patient care.

The purpose of this symposium is to update medical practitioners in the greater Midwest region as well as nationally on the future of cardiac electrophysiology (EP), and on new diagnosis and treatment guidelines in the care and management of patients with arrhythmias, heart failure and other issues impacting the electrical system of the body. Participants will learn about advances in ablation techniques, device management, appropriate use criteria, and survey new developments in guidelines and recommendations. A review of clinical trials that have helped change the clinical practice of EP will also be held. Participants in this symposium will examine the latest trends in Left Atrial Appendage (LAA) treatment options and gain a greater understanding of anticoagulation and stroke prophylaxis.

This activity is designed for physicians, advanced practice nurses, registered nurses and allied health professionals in the fields of electrophysiology, interventional cardiology, interventional radiology, and vascular surgery.

LEARNING OBJECTIVES

Upon completion of this activity, learners will be able to:

- Discuss types of devices used for monitoring and treating arrhythmias.
- Demonstrate the use of imaging techniques to improve procedural outcomes.
- Apply guideline-endorsed, clinically applicable strategies to help resolve device-related issues.
- Summarize clinical trial results that can be applied to improving the safety and efficacy of electrophysiology (EP) procedures.
- Explain anticoagulation treatment and stroke prophylaxis options for cardiac patients.
- Examine clinical evidence for the latest trends in LAA treatments.

CME/CE INFORMATION – PHYSICIANS AND NURSES

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Academy for Continued Healthcare Learning (ACHL) and the Kansas City Heart Rhythm Symposium (KCHRS). ACHL is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Academy for Continued Healthcare Learning designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Provider approved by the California Board of Registered Nursing, Provider Number 17273 for 12.5 contact hours.

Physician assistants, nurse practitioners, and nurses may participate in this educational activity and earn a certificate of completion as AAPA, AANP, and ANCC accept *AMA PRA Category 1 Credits*™ through their reciprocity agreements.

DISCLOSURES

The Academy for Continued Healthcare Learning (ACHL) requires that the faculty participating in an accredited continuing education activity disclose all affiliations or other financial relationships within 24 months (1) with the manufacturers of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any ineligible companies. All relevant financial relationships have been mitigated prior to this activity.

DISCLAIMER

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This CME/CE activity might describe the off-label, investigational, or experimental use of medications and/or devices that may exceed their FDA-approved labeling. Physicians should consult the current manufacturers' prescribing information for these products. ACHL requires the speaker to disclose that a product is not labeled for the use under discussion.ional activity.

Provided by the Academy for Continued Healthcare Learning (ACHL) in partnership with the Kansas City Heart Rhythm Symposium.



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2024 PIONEER IN ELECTROPHYSIOLOGY AWARD RECIPIENT AND KEYNOTE SPEAKER



Michael R. Gold, MD, PhD MUSC Health - University Medical Center Charleston, SC

A native of New York, Dr. Michael R. Gold graduated from SUNY at Stony Brook in 1975. He received his medical degree from the University of Colorado in 1985 and his PhD degree from the University of Virginia in 1979. He completed his residency and cardiology fellowship at Massachusetts General Hospital in 1991.

Immediately thereafter, Dr. Gold joined the faculty of University of Maryland where he was the director of the cardiac electrophysiology service and assistant professor of medicine and physiology. In 2001, he became professor of medicine in the Department of Medicine.

From 2002 to 2015, Dr. Michael R. Gold was the chief of cardiology, Michael E. Assey professor of medicine and medical director of the Heart and Vascular Center at the Medical University of South Carolina in Charleston, South Carolina.

Dr. Gold is the author of over 250 publications. He is board certified by the American Board of Internal Medicine, in cardiovascular disease and clinical cardiac electrophysiology.

His special interests include electrophysiology, adult cardiology and arrhythmias and he is a pioneer in the development of new defibrillation techniques and pacing for congestive heart failure.



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University of MN, VA Medical Center Minneapolis, MN

Dr. Oussama Wazni

Cleveland Clinic Foundation Cleveland, OH

Dr. Jeffrey Winterfield

Medical University of South Carolina Charleston, SC



COURSE PROGRAM

SATURDAY, AUGUST 17, 2024 (ALL CENTRAL DAYLIGHT TIME)

0755-0800 **Opening Remarks** — Dr. Dhanunjaya Lakkireddy

Session 1: Exploring the Post COVID Electrophysiologic Disorders — Living the Fallout — Moderators: Dr. Rakesh Gopinathannair and Dr. Devi Nair

0800-0810 Heart Rhythm Society — Front and Center of Advocacy, Education and Self Reliance — Dr. Kenneth Ellenbogen

0810-0820 State of the State of Cardiovascular Dysautonomias, Long COVID and Exploring the Viral Connection — Dr. Brian Olshansky

0820-0830 COVID-Related Cardiac Arrhythmias and Myocarditis — Diagnosis, Management, and Risk — Dr. Christopher Ellis

0830-0835 Case Based Learning — Dr. Rajesh Kabra

Session 2: Thinking Outside the Box for Heart Failure, Defibrillation & Pacing – Moderators: Dr. Steve Shorofsky and Dr. Henry Huang

0835-0845 Role of Cardiac Contractility and Vagal Nerve Stimulation in Managing Patients with Heart Failure – Dr. Rizwan Afzal

0845-0855 Subcutaneous and Substernal ICDs — Current Status — Dr. Robert Schaller

0855-0905 Where Do We Stand with Leadless Pacing — Single, Dual and CRT Systems — Dr. Bradley Knight

0905-0915 Advances in Physiologic Pacing — State of the State in 2024 — Dr. Win Kuang Shen

0915-0925 Cardiac Contractility Modulation & Vagal Stimulation in HF — Evidence for Widespread Clinical Adaptation — Dr. Anne Kroman

0925-0935 Novel Hemodynamic Sensing in ICDs – Dr. Jie Cheng

0935-0950 Panel Discussion

Session 3: EP Pioneer Award – Moderators: Dr. Dhanunjaya Lakkireddy, Dr. Sanjeev Saksena and Dr. Scott Koerber

0950-0955 Award Recitation – Dr. Douglas Packer

0955-1015 Pioneer in Cardiovascular Electrophysiology — Dr. Michael Gold

1015-1025 Panel Discussion

1025-1040 Break

Session 4: Managing Oral Anticoagulation in Non-Valvular AF — Moderators: Dr. Rod Passman and Dr. Jodie Hurwitz

1040-1050 Pharmacological Stroke Prophylaxis in AF Journey Through the Last 5 Decades – Dr. Mina Chung

1050-1100 Settling the Debate — Choosing DOACs — Dr. Andrea Russo

1100-1110 2023 Guidelines and OCA – Dr. Sana Al-Khatib

1110-1120 Emerging Evidence on Factor XI Inhibitors — Dr. Daniel Morin

1120-1125 Case Based Learning — Dr. Steve Shorofosky

1125-1145 Panel Discussion

Session 5: Innovations in 3D Mapping and Imaging — Moderators: Dr. Jalaj Garg and Dr. Douglas Darden

1145-1155 Non-Conventional Mapping for Improved Success of Arrhythmias Ablation — Volta, Vivo and More — Dr. Dhanunjaya Lakkireddy

1155-1205 Novel Mapping Methods for PFA Ablation — Dr. Andrea Natale

1205-1215 3D/4D Intracardiac Echocardiography in EP Procedures – Dr. Amin Al-Ahmad

1215-1300 **Lunch**



COURSE PROGRAM

SATURDAY, AUGUST 17, 2024 (CONTINUED)

Session 6:	State of the State in Pulse Field Ablation in 2024 — Moderators: Dr. Sana Al-Al-Khatib and Dr. Prashanthan Sanders
1300-1310	Biophysics of PFA and Foundational Differences from RF and Cryo — Dr. Douglas Packer
1310-1320	Current Data on PFA for AF Therapy - Dr. Moussa Mansour
1320-1330	Novel Catheter Technologies in PFA — Dr. Andrea Natale
1330-1340	What it is That We Don't Know About PFA — Dr. Jared Bunch
1340-1350	PFA Impact on Health Economics — Dr. Thomas Deering
1350-1355	Case Based Learning — Dr. Luigi DiBiase
1355-1410	Panel Discussion
Session 7:	Improving the Efficacy of Ablation — Strategies to Move the Needle — Moderators: Dr. Anne Kroman and Dr. Miguel Leal
1410-1420	Does LAA Electrical Isolation/Elimination Have an Adjudicative Role in Treatment of Non-Paroxysmal AF — Deep Dive Into the Amaze Data — Dr. Suneet Mittal
1420-1430	Identification and Modification of Left Atrial Scar as a Treatment Strategy in Advanced AF Patients — A Critical Appraisal — Dr. Nassir Marrouche
1430-1440	Hybrid Ablation — Who, When and How — Dr. S. Chris Malaisrie
1440-1450	Autonomic Modulation in AF Management — Dr. Prashanthan Sanders
1450-1500	Role of Catheter Ablation in Patients with AF and HF — Data Driven Management Strategies — Dr. Sanjeev Saksena
1500-1505	Case Based Learning — Dr. Henry Huang
1505-1515	Panel Discussion
1515-1530	Break
Session 8:	Lifestyle Medicine and Electrophysiology — Moderators: Dr. Thomas Deering and Dr. Win Kuang Shen
1530-1540	Exercise and Mind Body Modulation in Arrhythmia Management — Dr. Jayashree Pillarisetti
1540-1550	Weight Loss in AF Management — Gastric Bypass and Semaglutide Phenomenon — Dr. Prash Sanders
1550-1600	Social Determinants of Health and Strategies for Improving Health Equity in Arrhythmia Care — Dr. Jodie Hurwitz
1600-1610	Managing Sleep Apnea & Heart Failure in Patients with Atrial Fibrillation — Dr. Rod Passman
	Case Based Learning — Impact of Remote Sleep Apnea Therapy on AF Burden — Courtney Jeffery, NP
1615-1630	Panel Discussion

Session 9: Practical Issues in Arrhythmia Management – Moderators: Dr. Kenneth Ellenbogen and Dr. Rajesh Kabra

1650-1700 Vascular Closure Devices for EP Procedures — Plugs, Sutures and Other Novel Compression Devices — Dr. Rajesh Kabra
1700-1720 **Debate:** Should Complex Procedures Be Done in the Outpatient Setting — **Pro:** Dr. Jodie Hurwitz / **Con:** Dr. Douglas Packer

1630-1640 Advances in Pharmacotherapy of Arrhythmias — Novel Molecules & Methods — Dr. Bradley Knight 1640-1650 Practical Issues in Genetic Screening in the Practice of Clinical Electrophysiology — Dr. Mina Chung

1720-1730 What is New in Catheter Ablation — Updates From 2023 AF Guidelines — Dr. Miguel Leal

1730

Adjourn

COURSE PROGRAM

SUNDAY, AUGUST 18, 2024

1225-1230 Adjourn

	LAA and Stroke — Moderator: Dr. Bradley Knight
0750-0800	Updates from HRS – Mrs. Pat Blake
0800-0810	Stroke Prophylaxis and LAA Epicardial and Endocardial Occluders — Where Are We Today — Dr. Moussa Mansour
0810-0820	Mitigating Intra-Procedural Complications During LAAO Procedures — Dr. Devi Nair
	Practical Issues After LAAO (Peri-Device Leaks & Device Related Thrombus) and Management Strategies — Dr. Luigi Di Biase
	Do you Still Need LAA Closure After AF Ablation — Who, When and How? — Dr. Oussama Wazni
	Treatment of Subclinical Atrial Fibrillation in 2024 — Dr. Michael Gold
	Case Based Learning — Dr. Jared Bunch
0855-0900	Panel Discussion
Soccion 11.	Digital Health & Innovations in Electrophysiology — Moderators: Dr. Sanjeev Saksena and Dr. Mina Chung
	Trail Blazer Award and Presentation — Dr. Nora Goldschlager
	Managing AF Through Implantable Cardiac Monitors: Monitor AF and More — Dr. Sana Al-Khatib
	Remote Cardiac Device Monitoring — For Effective Patient Management and Impact on Climate Change — Dr. Andrea Russo
	Innovations in Wearable External Defibrillators — Dr. Kenneth Ellenbogen
	Panel Discussion
1000-1010	Break
Carrier 12.	Managing Wastrington Ambrithanias - Madayatawa Du Hanny Huang and Du Andrea Natala
	Managing Ventricular Arrhythmias – Moderators: Dr. Henry Huang and Dr. Andrea Natale
	What is the Most Practical Approach to Performing VT Ablation? — Dr. Venkat Tholakanahalli
	Innovations in VT Ablation and Imaging — Dr. Jeffery Winterfield "Finding Myocarditis" — Upstream Opportunity to Prevent Downstream Disasters — Dr. Dhanunjaya Lakkireddy
	Tackling Difficult Anatomic Substrates in VT/PVC Ablation — ETOH, Bipolar Ablation and More — Dr. Hari Tandri
	Case Based Learning — Dr. Krishna Pothineni
	Panel Discussion
1033 1110	Tunci piscussion
Session 13:	Electrophysiology Practice Concepts — Moderators: Dr. Dan Morin and Dr. Robert Schaller
1110-1120	Sudden Cardiac Death and Societal Engagement — Dr. Douglas Darden
1120-1130	Maude Database — Lessons to the EP World — Dr. Jalaj Garg
	Future of the Practice of EP — Opportunities and Challenges — Dr. Suneet Mittal
	Advances in the Management of POTS & IST — Dr. Krishna Pothineni
	Cardioneural Ablation or Pacing for VVS? — Dr. Rakesh Gopinathannair
	Case Based Learning — Dr. Scott Koerber
1205_1225	Panel Discussion



ACKNOWLEDGEMENTS

COMMERCIAL SUPPORTERS

This symposium is supported through educational grants from

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EXHIBITORS

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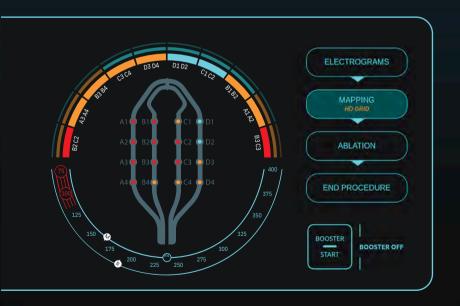
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